ISSUE SY 2023-2024

THE LETTER OF

# ST. FRANCIS

The Official Newsletter of St. Francis of Assisi Montessori School of Cainta

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# SFAMSC celebrates SILVER JUBILEE

## With Spectacular Foundation Day Bash!

**By: Ryan R. Villanueva**

In a celebration of a quarter-century of academic prowess and community spirit, St. Francis of Assisi Montessori School of Cainta hosted a memorable 25th Foundation Day extravaganza on January 18 and 19.

The celebration began with a wonderful display of talent, featuring the school's 1st place winners of the Musical Literary competition. Singers, dancers, declaimers, and poets took center stage, showcasing the remarkable artistic diversity within the school community.

## School Fair and Bazaar

Following the riveting opening ceremonies, the school grounds became a vibrant carnival as the highly anticipated school bazaar started. With many engaging activities, the bazaar proved to be the beating heart of the celebration.

Delicious scents wafted through the air as attendees explored a variety of food booths offering everything from aromatic coffees to mouthwatering candies, popcorn, bubble tea, and delectable home-cooked set meals. The Student Council added a unique twist by introducing the "Uno Cafe" booth, inviting friends and classmates to enjoy beverages while engaging in friendly board game competitions like Uno and Chess.

## Raffle, surprises, and many more ...

Thrill-seekers were not disappointed as they flocked to the game booths, including video game stations featuring popular titles like Mario Kart. Unexpected hits emerged with the Twister, Jenga, and 4 Connect booths, providing entertainment for attendees of all ages.

Teacher Ellen Diaz and her daughter and SFAMSC Alumni Dona Louise Diaz-Juanitez brought an artistic flair to the festivities, offering adorable face painting services that proved to be a huge hit among students.

The bazaar extended beyond culinary delights and games, offering diverse activities for all interests. Attendees captured cherished memories at the photo booth, enjoyed cinematic delights at the movie booth, and showcased their vocal talents at the dedication and karaoke booths. While the dedication booth may have drawn less attention this year because many students wish to keep their love lives private, the other attractions resonated well with the lively crowd. **(Continued on Page 2)**

# SFAMSC's Silver Jubilee

Continued from Page 1...

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A perennial favorite, Teacher Mario's annual 3 vs 3 Sports booth stole the spotlight again, attracting a massive crowd of students, parents, and alumni. The spirited competitions exemplified the strong bond within the SFAMSC family.

As we reminisce about the last 25 years of growth, learning, and success, the Foundation Day celebration stands as a testament to the unwavering spirit of St. Francis of Assisi Montessori School of Cainta. Let's toast the next 25 years of excellence and countless more memories to cherish!

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Photo booth

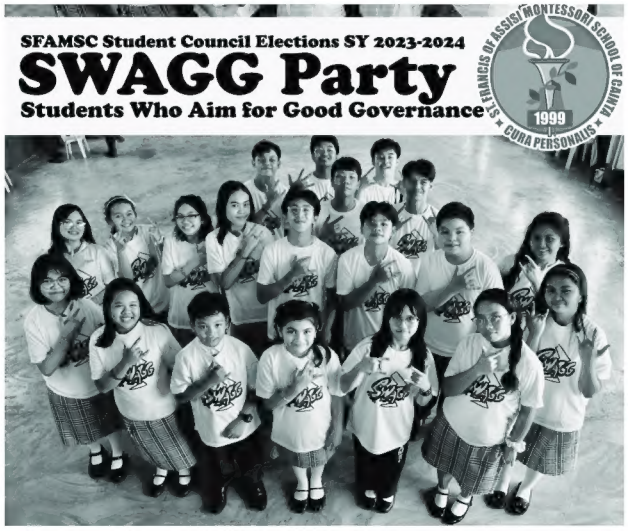
Face art Booth

3 vs 3 Basketball and Volleyball Games

Talent Competitions

# STUDENT COUNCIL ELECTIONS 2023

**By: Syesha Summer Sinead Frias**




On September 4, 2023, the Student Council Election winners of SFAMSC were announced. The objectives of both parties, SWAGG and STYLE, were presented during the room-to-room campaign and Miting de Avance, which were held beforehand.The winner of the presidential race was Krizella Margaux DV. Coligado, representing the Style Party. Most of the winners are from the SWAGG Party, with their candidates winning 13 out of 20 positions. The voting process went smoothly under the guidance of the Student COMELEC, led by Joana Claren De Jesus.

The two competing parties had different approaches to campaigning. From the platforms they presented during the Miting de Avance, it was clear that their target audience played a difference as SWAGG catered to younger students, who are the majority in SFAMSC, with platforms like movie day and giving students a chance to help the student council. On the other hand, STYLE's platform was focused on improving school facilities and nurturing the students' talents, which the older students liked.Despite the differences in their campaigns, the newly elected student council is determined to make this school year memorable for every Franciscan. Congratulations to SFAMSC's Student Council for the school year 2023-2024!

## Congratulations to all the winners !!!

Here are the list of the elected officers:

**Student Council Officers:**

**President:**
Krizella Margaux DV. Coligado(STYLE)
**Vice President:**
Jacey Khristen C. Clemente(SWAGG)
**Secretary:**
Kirby Adrie V. Francisco(SWAGG)
**Treasurer:**
Michaela Eliana R. Corrales(SWAGG)
**Auditor:**
Ashley F. Lopez(SWAGG)
**P.R.O:**
Matthew M. Moratalla(SWAGG)
**C.P.O:**
Ashley Jade F. Necio(STYLE)

**For Congress:**

Grade 4 Representative: Ciandra Angela S. Enriquez(STYLE)
Grade 5 Representative: Zach Gabriel M. Baste(STYLE)
Grade 6 Representative: Robert Benedict V. Soliven(SWAGG)
Grade 7 Representative: Mary Joy D. Cruz(SWAGG)
Grade 8 Representative: Brent Daniel F. Agustin(STYLE)
Grade 9 Representative: Cedric Carl B. Poquiz(SWAGG)
Grade 10 Representative: Kaliah Mishka H. Boslon(SWAGG)

**For Senators:**

Princess Ryajha Mae P. Tiraña(SWAGG)
Sophia Marielle G. Orozco(STYLE)
Ryan Matthew O. Guevarra(SWAGG)
Rafia Skyrah B. Dejesica(SWAGG)
Klaire Martha DV. Coligado(STYLE)
Lorraine Jade M. Astacaan(SWAGG)

# SIGLAKAS 2023: The Rise of the Four Clans

**By: Ashley Jade F. Necio**

This exciting event is known as "Intramurals" or "Sports Fest" in other schools, but in our Franciscan community, we proudly call it SIGLAKAS! What does SIGLAKAS stand for? It's a blend of two dynamic Filipino words: 'Sigla' (vigor) and 'Lakas' (strength), perfectly capturing the spirit of our event. This year, we're embracing an Anime theme, dividing participants into four thrilling clans: Team Hashira, Strawhat Pirates, Survey Corps, and Team 7 Ninjas. Each group embodies the energy and power that SIGLAKAS is all about!

Siglakas is a week-long event, which is why we enjoyed a lot of sporting events. We have Track and Field, Volleyball, Basketball, Table Tennis, and Badminton; we even have board games like Scrabble and chess. During the Siglakas week, Franciscans discovered new talents and interests; we also gained many friends since the school wanted us to leave our comfort zones and explore life outside the classroom. Siglakas taught us the value of camaraderie, optimism, perseverance, patience, compassion, and leadership. It is not just about sports and physical wellness but also about pursuing our best selves.

The Strawhat Pirates emerged as the overall champions by winning the main competitions, such as the basketball game at SIGLAKAS. The Survey Corps also did great, beating the Strawhat Pirates in volleyball and winning the cheerleading contest. Team Hashira did great in the high school relay race and other small events. Team 7 won the school's chess tournament for girls, and the high school badminton doubles game for girls against the Survey Corps.

Siglakas gave the Franciscans and their parents lessons and benefits. Parents got to spend time with their children on our family sports day! The four clan leaders, Josh, Raven, Ashley, and Charles, were taught the value of empowerment, commitment, integrity, perseverance, and sanguinity. Franciscans had a fun week with all the activities and newfound friendships. Siglakas made them physically, mentally, emotionally, and socially healthy. With that, we are confident that Siglakas' goals were met. We are so thankful to all the parents, clan members, team advisers, leaders, and the committee for participating and giving their best effort to make this event possible.

We want to congratulate the four clans for a job well done! A special mention to the following team advisers and leaders for proving that we, the Franciscans, are great leaders!

# SIGLAKAS CHEERING COMPETITION

**By: Alessandra F. Marcos**

The four famous anime inspired this year's competing teams: Naruto, Attack on Titan, One Piece, and Demon Slayer. These teams embody determination, courage, harmony, friendship, kindness, compassion, teamwork, and creativity. This year's winners won their much-deserved prizes, such as certificates, merits, and trophies. Their cheer dances, games, and best shots were featured in the SFAMSC's School Page, Hall of Fame, and the school's bulletin board.

This year's SIGLAKAS has been fun and memorable for each of us. Some of us may have lost in the competition, but we still did our best, and that is what matters. Some won, but some went a farther path to achieve and succeed. These students have been very passionate and enthusiastic, each being a role model for each of us. Let us congratulate Team Straw Hat for their incredible achievement for this year's SIGLAKAS 2023, followed by the Team Survey Corps for their cinematic and flawless performance. Let us not forget Team 7 for their unmatching creativity and strong-willed determination. And last but not least, the Team Hashira for their expressive and well-maneuvered choreography. Your hard work and persistent resilience got all of you this far. Congratulations everyone!!

Team Hashira:
Team advisers: Mr. Melquias N. Baloloy and Ms. Christine Bernadette M. Bapor
Team leader: Josh Raven A. Guererro

Strawhat Pirates:
Team advisers: Ms. Jennifer DC. Dorias and Mr. Mario R. Follero
Team leader: Raven Danielle M. Kapunan

Team 7:
Team advisers: Ms. Ma. Jeorja M. Quinazo and Ms. Lorely B. Montalban
Team leader: Ashley Jade F. Necio

Survey Corps:
Team advisers: Ms. Jane D. Carado and Mr. Norvi V. Samson I
Team leader: Charles William V. Lazaro

# Buwan ng Wika 2023

Sinulat ni:
Ashley Jade F. Necio

## Filipino at mga Katutubong Wika: Wika ng Kapayapaan, Seguridad, at Ingklusibong Pagpapatupad ng Katarungang Panlipunan

Tuwing Agosto, ipinagdiriwang natin ang ating pagpapahalaga sa ating pambansang wika, ang Filipino. Sa simula, ang pagpapahalaga at pagtataguyod sa ating pambansang wika ay tumagal lamang ng isang linggo, ngunit pinalawig ito sa isang buong buwan ni dating Pangulong Fidel V. Ramos. Ang 'Tagalog' ay nagmula sa salitang "taga-ilog," na ang ibig sabihin ay "mula sa tabi ng ilog." Ito ay kinalaunan binago sa 'Pilipino' noong 1959. Kinikilala ng Konstitusyon ng 1987 ang Filipino bilang opisyal na pambansang wika ng Pilipinas.

Ipinagdiwang ng mga Franciscan ang buwan ng Agosto na may pagmamalaki sa Filipino, kaya naman ibinuhos namin ang aming pinakamahusay na pagsisikap sa paghahanda ng mga katutubong sayaw tulad ng Subli at Pantomina, mga dula, at maging isang salu-salo para sa aming mga seksyon! Ang wikang Filipino ay ang wika ng kapayapaan, seguridad, at inklusibong katarungang panlipunan, kaya naman ang junior high school department ay nagtanghal ng isang dula na pinamagatang "Shalom: Ang Kwentong Kapayapaan."

Dahil sa pagdiriwang ng Buwan Ng Wikang Pambansa, mas lalong nagpahalaga ang mga estudyante ng SFAMSC sa ating pambansang wikang Filipino. Naranasan din namin ang tunay na Bayanihan sa paggawa ng mga pagtatanghal at pag-organisa ng isang hapag na puno ng pagmamahal at pagbabahagi.

Tunay nga na dahil sa pagdiriwang na ito, ipinagmamalaki nating tawagin ang ating sarili bilang Pinoy! Binigyang diin din namin ang kahalagahan ng wikang Filipino sa aming pang-araw-araw na pag-uusap. Umaasa ako na sa tuwing tayo ay magsasalita sa ating wika, naaalala natin na tayo ay nagsasalita ng wika ng kapayapaan.

# Buwan ng Wika 2023

# Buwan ng Wika 2023

# A Night to Remember

## RETRO, RHYTHM, REWIND
## HIGH SCHOOL NIGHT 2024

**By: Therese Margo L. Matienzo**

### Junior High School Students danced the night away to 90's music.

After three consecutive years of pandemic, SFAMSC finally held its once-in-a-blue moon event at Lloyd's garden at 6:00 P.M. The school's prom night captures the essence of a formal gathering. The school wishes to teach students how to properly act on a formal occasion and at the same time for them to be aware and prepared for their upcoming young adult lives.

This year's prom theme is 90s Retro, Rhythm and Rewind where nostalgic music connects us all. The students experienced listening to class testimonials and inspirational messages of teachers, the bequeathal and candle lighting ceremony, groovy dance presentations, and the most awaited "May I have this dance?" moment. The teachers also have their limelight dancing the night, arousing excitement.

Everyone got to take home a good memory of this night that is to be remembered. As our soon to be principal emphatically said, "Let's have the best high school night ever!" - Sir Mario.

# SFAMSC SCOUTING Celebrates Excellence: The Best Patrols

By: Alessandra F. Marcos

November 10, 2024 - The annual Bonfire Yell, a highlight of the Scouting year, witnessed a display of exceptional talent and team spirit on November 9, 2023. Scouts from various regions came together to showcase their skills, resulting in an event filled with camaraderie and excellence.

Patrol Cavite emerged as the top contender, clinching the 1st Place with their harmonious cheer dance. Their awards list was impressive, bagging Best in Cheer, Best Skit, Cleanest Cabin, and Most Behaved/ Disciplined. This victory is a testament to their cooperation and dedication. Congratulations, Patrol Cavite!

Not far behind, Patrol Batangas secured 2nd Place, particularly impressed with their culinary skills in Best in Cooking Rice. The 3rd Place was awarded to Patrol Bulacan for their exemplary flag and fire-building skills. Lastly, Patrol Nueva Ecija, taking the 4th Place, was recognized for the Best Viand.

Patrol Manila led the pack on the girls' side, winning 1st Place with their outstanding performances in flag display, viand preparation, and cheer. Their hard work and creativity were evident in their triple win.

Patrol Pampanga followed closely, earning 2nd Place with awards for Cleanest Cabin, Most Behaved/ Disciplined, and Best Flag. The 3rd Place was claimed by Patrol Laguna, who demonstrated creativity and teamwork, winning awards for Best in Cooking Rice and Best Skit. Finally, securing the 4th Place, Patrol Tarlac shone in Fire Building and Flag Raising.

Each patrol's success is inspiring, showcasing the values and skills instilled through scouting. The Bonfire Yell celebrates the victories and reinforces the spirit of learning, cooperation, and growth among the young scouts.

Congratulations to all the patrols for their achievements and for making this year's Bonfire Yell a resounding success!

# SFAMSC Boys' Elementary Basketball Varsity Wins in Historic First Championship at Camprisa Basketball Competition

## By: Norvi V. Samson I

SFAMSC's Boys' Elementary Varsity Basketball Team has secured its first-ever championship in the CAMPRISA Inter-school Basketball Competition for the 2023-2024 school year. The team's exceptional skill, determination, and remarkable teamwork have led to an extraordinary undefeated streak, marking a pivotal chapter in the school's storied sporting legacy.

This triumph is attributed to the unwavering dedication and strategic guidance provided by Coaches Atho and Vince Doroteo and the steadfast support of Ms. Maricel Doroteo, the esteemed sports coordinator. The parents' continuous support and generosity have also played a crucial role in shaping the athletes' character and success.

The SFAMSC family is filled with pride and joy as we celebrate this historic victory. We recognize the divine guidance we have received from our Lord Jesus Christ, which has been an integral part of our journey. This championship is not just a victory for the team but a shining example of our school community's unity and a beacon of inspiration for future sports achievements.

*Top from Left:* Atho Doroteo (Coach), Xian Sebastian Lucas, Jairus Kent Sale, Blake Asual, Marcus Andrei Garcia, Mateusz Anthony Acapuyan, Federico Gabriel Ganotisi, Ezekiel De Plata, Vince Doroteo ( Coach)
*Bottom from Left:* Derrick Angelo Carpio, Timothy Vaughnn Reccion, Azriel Cacdac, JD Matthew Vicencio, Hugh Alister Quizana.

# From Zeroes to Heroines: Elem Girls Volleyball Team Win's CAMPRISA Championship!

**By: Norvi V. Samson I**

Congratulations to our Elementary Girls Volleyball Team for winning first place at the Cainta Municipality Private Schools Association Inter-School Volleyball Tournament! Their win shows how hard they've worked and how well they play as a team. This victory is extraordinary because it's the first time they've won like this, thanks to everyone's effort.

The team's journey began with a group of elementary girls who aspired to form a girls' volleyball team at SFAMSC. Despite most of them being new to the sport, their determination, along with the unwavering support and guidance from Coach Mario Follero, Sports Coordinator Maricel Doroteo, and myself, transformed them from complete beginners into champions.

We extend our heartfelt gratitude to the dearest parents of our athletes for their tireless efforts in supporting our team. Your unwavering support has been instrumental in our team's success. This victory is not just a win; it is the first time in the history of SFAMSC that we have been able to win. It's a testament to our players' hard work, dedication, and teamwork!

*Top from Left:* Sir Mario Follero (Coach), Alexandra Legarteja, Sophia Orozco, Farrah Venice Baltazar (Team Captain), Elisse Margaux Sangalang, Jessianne Pusta, Sir Norvi Samson I (Assistant Coach)
*Bottom from Left:* Klaire Martha Coligado, Shane Princess Canilang, Kyle Denise Servida, Lorraine Jade Astacaan, Rianne Morales

# SFAMSC Chess Clubs Shines in CAMPRISA Inter-School Chess Tournament!

In its first-ever participation in the annual CAMPRISA Chess Tournament, the SFAMSC Chess Club achieved remarkable success, showcasing its members' talent and potential. Leading the triumph was Robert Soliven, who brilliantly secured the top position, earning a Gold medal. Jenver Rae Buena and Zane Neil Calinog also delivered impressive performances, ensuring Rank 4th. Adding to the team's commendable achievements were Kaliah Boslon at Rank 5, Narvaez Maverick at Rank 7, and Gabriel Rejoso at Rank 8. These results underscore the club's natural aptitude and dedication to chess.

The club's inaugural success is thanks to Teacher Rodrigo Pellazar and Teacher Melquias Baloloy's dedicated coaching, whose chess expertise greatly enhanced the players' skills and strategies. Additional recognition goes to Ms. Maricel Doroteo for her essential logistical support and the parents' constant encouragement and backing. The combined efforts of the coaches, support staff, and families were integral to the club's outstanding performance in their first-ever tournament appearance. Congratulations everyone!

# SFAMSC Star Joana Claren L. De Jesus Takes the Swim World by Storm in 2024 Competitions

**By: Ryan Villanueva**

Joana Claren L. De Jesus, SFAMSC's 10th Grade Swimming Sensation, Dominates 2024 Competitions with Multiple Gold and Silver Medals. Celebrating Joana's remarkable achievements across various swimming events, including her standout performances at the Cainta Municipal Meet and Rizal Provincial Meet. Joana's dedication to excellence in the pool exemplifies her passion and hard work, inspiring fellow students and athletes alike.

She is currently undergoing rigorous dual training sessions, both in the morning and the afternoon, as she prepares for the upcoming Regional Athletic Association Meet (RAAM) and the National Alliance of Private Schools in the Philippines (NAPSPHIL) competitions this April. Let's continue to support and cheer her on in her journey.

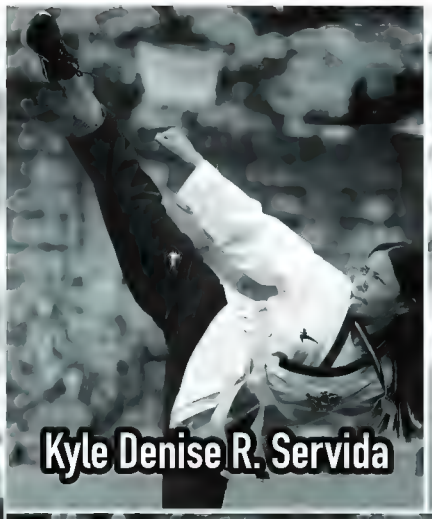
Here are her latest wins::

**CAINTA MUNICIPAL MEET 2024**
50m Breaststroke - Gold
100m Breaststroke - Silver
200m Breaststroke - Gold
200m IM - Silver
400m IM - Silver

**RIZAL PROVINCIAL MEET 2024**
200m Breaststroke -GOLD
50m Breaststroke - GOLD
200m IM - SILVER
4x100m Medley Relay - GOLD
100m Butterfly - GOLD
100 m Breaststroke - SILVER
4x100m Freestyle Relay - GOLD

**RIPRISA 2024**
100m breaststroke - SILVER
200m breaststroke - SILVER
100m butterfly - SILVER
100m freestyle - SILVER

# SFAMSC's Taekwondo Warriors: A Showcase of Skill and Determination



The St. Francis of Assisi Montessori School of Cainta (SFAMSC) takes immense pride in celebrating the remarkable achievements of our Taekwondo team, who have once again demonstrated exceptional skill and perseverance in recent competitions. Among the standout athletes is Jade Ashley F. Necio, a Grade 10-Einstein student, who clinched the Bronze Medal in the Taekwondo Secondary Girls Finweight category at the Cainta Municipal Meet 2024 and soared even higher with a Silver Medal at the Rizal Private Schools Association (RIPRISA) 2024. Jade's dedication and hard work have truly paid off, marking her as a significant figure in the Taekwondo circuit.

The achievements didn't stop there; the younger members of the SFAMSC Taekwondo team also made waves at the 2024 Smart MVPSF Region 4A Taekwondo Tournament. Zach Gabriel M. Baste of Grade 5 Happiness showcased his talents by winning a Silver Medal in Poomsae and a Bronze in Speed Kicking, proving that age is but a number when it comes to talent and dedication. Similarly, Kyle Denise R. Servida of Grade 5 Honesty brought home a Silver Medal in Poomsae, adding to the school's growing list of accolades and emphasizing the strength of our Taekwondo program.

Not to be outdone, Sophia Marielle G. Orozco from Grade 6 , another of our young warriors, earned a Bronze Medal in Poomsae at the same championship, showcasing the depth of talent within the SFAMSC Taekwondo team. These students' achievements are not just personal victories but are also testaments to the school's commitment to nurturing well-rounded individuals who excel both academically and in extracurricular activities. As we celebrate their success, we are reminded of the importance of hard work, dedication, and the spirit of sportsmanship that defines our Taekwondo warriors. Congratulations to all our athletes for their outstanding performances; your SFAMSC family is incredibly proud of you!

# An Ode to Our Junior High Varsity Teams

By: Maricel C. Doroteo

In a standout year for SFAMSC, where our elementary teams dominated the championships in both boys' basketball and girls' volleyball within the Cainta Municipality Private Schools Association, the valor and achievements of our Junior High School athletes - our boys' basketball, girls' volleyball, and boys' volleyball teams - should not go unnoticed. These teams, comprised chiefly of novices, displayed extraordinary passion and persistence, with the girls' volleyball team, in particular, defying expectations. Their skill and performance brought them toe-to-toe with the best in CAMPRISA, challenging titans like Greenland Academy and Faith Christian School and proving that underdogs can roar.

The journey of these young athletes is a testament not only to their physical prowess but also to their resilience in overcoming mental barriers. The girls' volleyball team, for instance, grappled not with their serves or spikes but with their self-doubt. This underscores a crucial lesson: the road to excellence is a mental battle as much as a physical one. Conquering this 'mental block' is the key to unlocking their full potential and transforming underdogs into champions.

To all our athletes, your journey is a beacon of inspiration, showcasing that with belief, hard work, and perseverance, no goal is too distant. You've already shown remarkable growth and courage; continue to push your limits, support each other, and relentlessly pursue greatness. Your school, coaches, and peers believe in you—now it's your turn to believe in yourselves. Here's to the underdogs, the hard workers, and the future champions. Keep shining, keep striving.

# SFAMSC's Ballroom Dancing Princess

## By: Ryan R. Villanueva

A young star is rapidly ascending in the vibrant world of dance sports. Sabine Yoana D.G. Paguio, a diligent Grade 3 student from Loyalty, embarked on a journey in the summer of 2023 that would not only fill her days with joy but also chart a course toward an extraordinary passion for ballroom dancing. Among various activities such as advanced swimming, piano lessons, and taekwondo, dance sports captured Sabine's heart, leading her to pursue them with unmatched zeal.

### A Unique Path in Dance Sports

What sets Sabine apart is her talent and her choice of sport. Ballroom dancing, especially among children her age, is a road less traveled. However, Sabine's enthusiasm and dedication have made her a proud "CBD One Cainta Dance Sports" team member and a registered athlete with the Philippine Dance Sports Federation. This affiliation has not only provided her with a platform to showcase her skills. Still, it has also embedded her deeply within the dance sports community.

### Stepping onto the Competition Floor

Sabine's competitive journey began on November 28, 2023, at the 25th Anniversary National Competition of the Philippine Dance Sports Federation, held in the Philsport Multi-Purpose Arena in Pasig City. Competing against 32 other dancers in the juvenile solo waltz and juvenile solo tango divisions, Sabine showcased her prowess by advancing to the second round of the Tango as a quarterfinalist. This achievement marked the beginning of her promising career in dance sports.

### The Search for a Dance Partner

Despite her early success, Sabine faces a challenge common in ballroom dancing: finding a male dance partner her age. Ballroom dancing, particularly among young children, tends to attract fewer boys, making it difficult for talented dancers like Sabine to find a partner. However, undeterred by this obstacle, Sabine continues to train and compete in solo categories, proving that passion and perseverance can lead to success.

### Noteworthy Achievements

Sabine's dedication to dance sports has already led to significant accomplishments, including:

- 4th Quarterly Ranking and National Competition (PDSF 25th Anniversary, Oct. 28 & 29, 2023):** Advanced to the quarterfinals in Juvenile Tango.

- Philippine Superstars Open DanceSport Championship (Feb. 17 & 18, 2024):** Reached the semi-finals in both Juvenile Waltz Solo and Juvenile Tango Solo, showcasing her versatility and skill in both dance forms.

### Looking Ahead: El Tigre Espana Danza III

Sabine is undergoing intensive training for "El Tigre Espana Danza III," a prestigious competition organized by The UST Sinag Ballroom Dance Company on April 23, 2024. This event is considered one of the premiere ballroom competitions in the Philippines, and Sabine's participation is eagerly anticipated. As of April 2024, Sabine competed in the 1st Quarter National DanceSport Championship, further solidifying her position as a promising young talent in the Philippine dance sports arena.

### A Star in the Making

Sabine Yoana D.G. Paguio's journey is a testament to the power of passion and the beauty of pursuing one's dreams. As she continues to dance through competitions, her story inspires not just other young dancers but anyone who believes in following their heart. With each step, twirl, and leap, Sabine is not just dancing; she's weaving a narrative of determination, artistry, and the joy of dance sports.

# SFAMSC Triumphs at CAMPRISA Academic Contest 2024

**By: Ryan R. Villanueva**

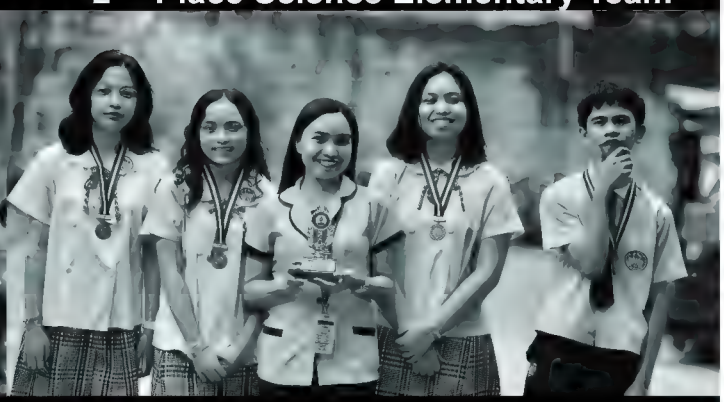
Congratulations to our shining stars from SFAMSC for their outstanding achievements at this year's CAMPRISA Academic Contest! This prestigious event brought together the brightest minds from Cainta's private schools, and our students proved their mettle by winning in multiple categories. Our students and their coaches' dedication, passion, and hard work have paid off.

**In Araling Panlipunan, our elementary team** comprising Miguel Iñigo R. Magpantay (Grade 4, Compassion), Marja Aiyana Brielle C. Legutan (Grade 6, Humility), and Ethan Jorge B. Ato (Grade 5, Happiness) **seized first place**. Meanwhile, **the junior high team** with Joana Claren L. De Jesus (Grade 10, Einstein), Ryan Matthew O. Guevarra (Grade 9, Newton), Kirby Adrie V. Francisco (Grade 8, Aristotle), and Michaela Eliana R. Corrales (Grade 7, Galileo) **secured an impressive second place**, both under the mentorship of Teacher Mario R. Follero. Their victories underscore a deep appreciation and understanding of our nation's history and culture.

1st Place Araling Panlipunan Elementary Team

2nd Place Science Elementary Team

2nd Place Araling Panlipunan Junior High Team



3rd Place Mathematics Junior High Team

Not to be left behind, **the elementary science team** consisting of Aleina Caitlin C. Cubangbang (Grade 4, Dignity), Zack Gabriel M. Baste (Grade 5, Happiness), and Lorraine Jade M. Astacaan (Grade 6, Humility), guided by Teacher Ma. Jeorja E. Quinazo, **clinched second place**. Meanwhile, our junior high mathematicians, Ma. Fatima Alexa M. Bandagosa (Grade 10, Einstein), Therese Margo L. Matienzo (Grade 9, Newton), and Lorraine Jade M. Astacaan (Grade 6, Humility), led by Teacher Christine Bernadette M. Bapor proudly **took home third place**.

These achievements are a collective victory, reflecting our community's support and encouragement. We are immensely proud of our students for showcasing exceptional talent and hard work. Congratulations once again to all our winners! Your success inspires and beacons hope, proving there are no limits in the pursuit of knowledge and excellence. Here's to your continued success and the bright futures ahead for each of you.

# The Power of Kindness

**By: Ashley Jade F. Necio**

Do you ever feel like an outcast in your classroom? Did you ever struggle with making friends? I did! Do you ever think about how you can get everyone in your class to go along together? If so, you are reading the right literary piece.

Making more than twenty people get along is hard, and it may seem impossible, but we have solutions for problems like this. Communication helps in getting along with people. We are often scared to communicate or ask questions because we are scared of the answer, but we at least try to clear things out. Remember, questions need to be asked first before they are answered. Classes should have open forums because we must tell people what they should work on, especially their attitude. Communicating with anger will give you a poor result; why? Based on experience, communication with anger will not resolve any issue; thus, it will make it larger. When we are mad, we say unkind words, which will lessen the people who like us. We should never forget that if we want to get along with people, we should not use rude words. It's not that we are being two-faced, but we should never forget that we can always say words more kindly.

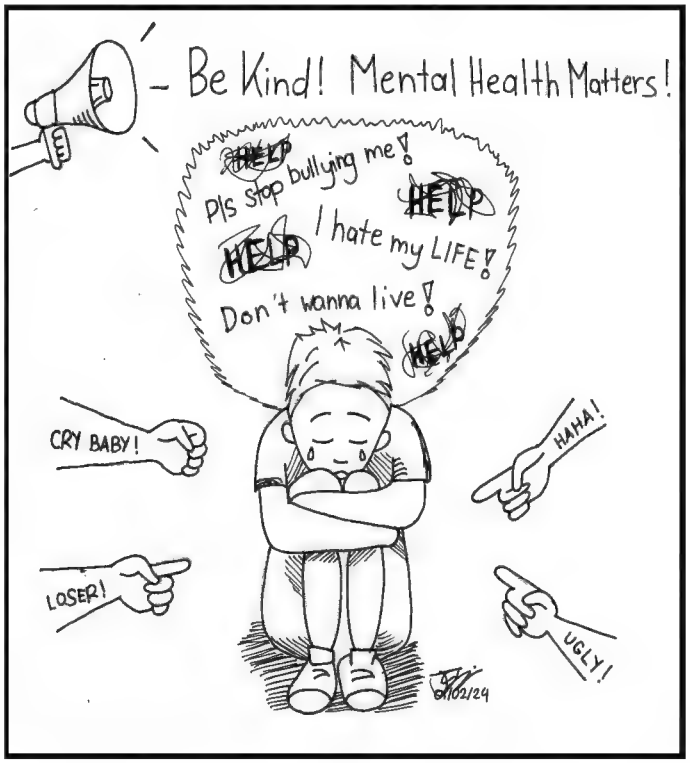
Readers, we should never forget that words cut deeper than a knife. That is why we should always choose our words wisely. When words are inadequate, we can always pat the people around us on the back or head. I hope you learned how powerful words are and how we should use them when trying to get along with people. Please remember that we can only please some to get along with us, and we should always protect our peace. Remember, fill your cup first; what overflows is for the people around you.

# How can we students prevent bullying in the classroom?

**By: Alessandra F. Marcos**

Bullying is a progressive, dreadful behavior among students that involves countless cruel wrongdoings to a fellow student. Bullying can come in different forms, such as name-calling, offensive remarks or pranks, physical harassment, and spreading false rumors and allegations about a certain student. These unwanted actions can be prevented by observing good manners and right conduct. It involves avoiding offensive remarks and humiliating someone, confronting them in private or orderly rather than lashing out at them and calling them names. Bullying someone is unreasonable and immature. Bullying can also be prevented by informing a class officer or your teacher about it or standing up to prove your point. But it is always better to immediately tell a trusted individual if someone is bothering you to better resolve the problem rather than keeping it to yourself and making it worse. Or, if the problem continues to worsen and affect your studies, it is better to tell your parents or guardian about the situation.

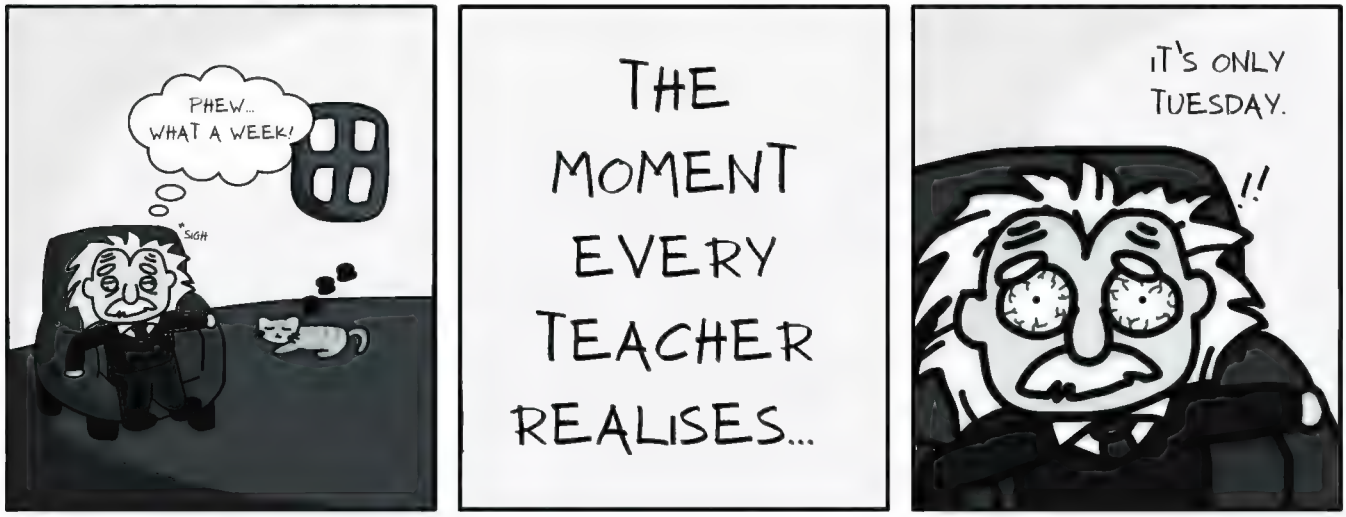
We students not only have the obligation to study, but we also have the responsibility to look out for one another. We should help others and raise their hopes rather than bring them down and push them away in a corner. Our classmates are not just our fellow students with whom we share a classroom; they are also our second family. They are our friends and siblings, whom we can reach out to and help.




**Illustrated by: Joana Claren L. De Jesus**

## Albert Einstein

By: John Maverick D. Narvaez



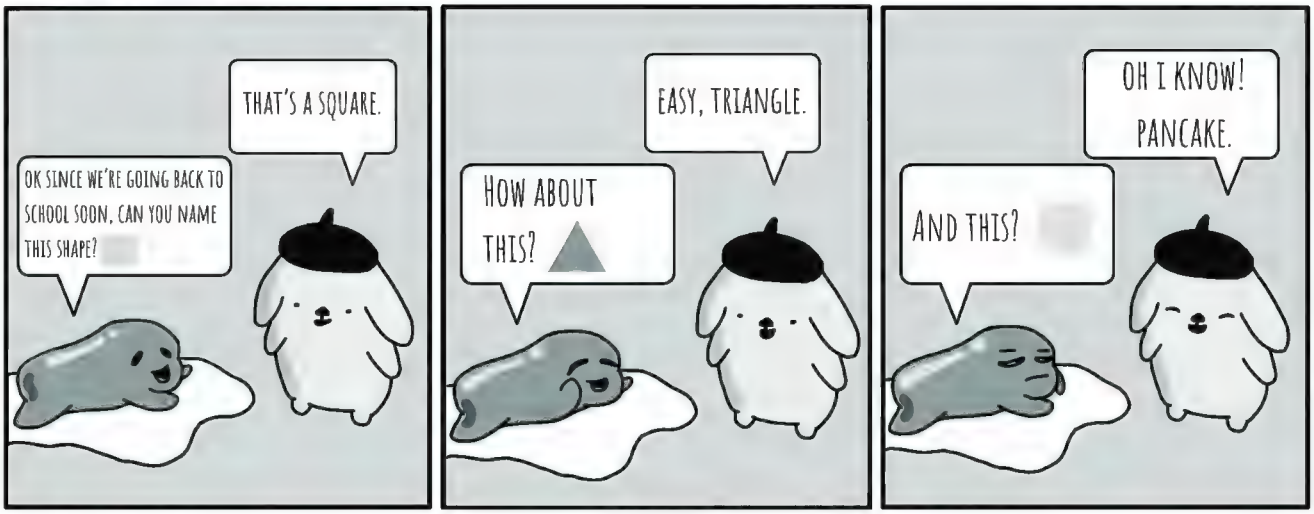

## SCOOBY-DOO!

By: Zachary Drake F. Tapel

THERE ARE ALWAYS THESE STUDENTS DURING BREAK TIME
HEY, DO YOU KNOW THE FUTURE TENSE OF "I BOUGHT SOME FOOD"?
YEAH.. I DO. IT'S "MY FRIENDS ATE IT"
NOM
NOM

## HELLO KITTY and friends

By: Cassidy Beatrice F. Tapel

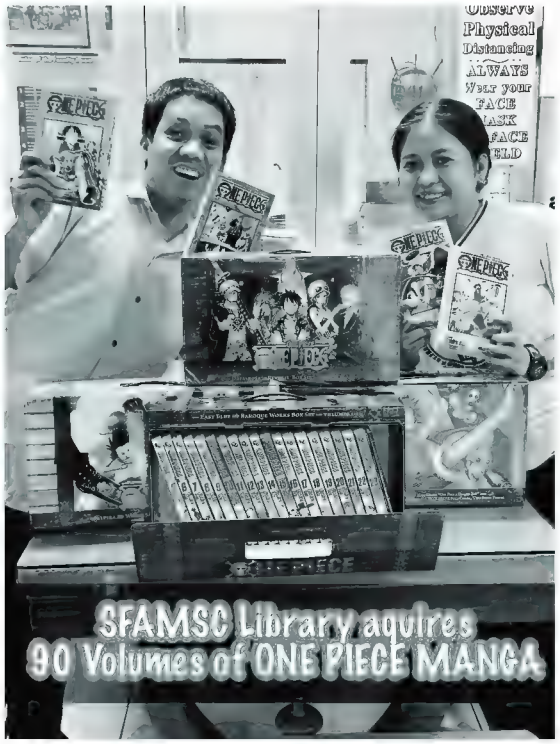

OK SINCE WE'RE GOING BACK TO SCHOOL SOON, CAN YOU NAME THIS SHAPE?
THAT'S A SQUARE.
HOW ABOUT THIS?
EASY, TRIANGLE.
AND THIS?
OH I KNOW! PANCAKE.

The Letter of
ST. FRANCIS
Special

# SFAMSC'S INNOVATIVE LIBRARY

## A Realm of Learning and Leisure

By: Ryan R. Villanueva




The St. Francis of Assisi Montessori School of Cainta (SFAMSC) is home to a library treasure in the educational landscape. With its extensive manga collection, the SFAMSC library is at the forefront of a unique educational approach. Boasting hundreds of manga volumes with titles such as "One Piece," "Demon Slayer," "Death Note," "Oran Host Club," "One Punch Man," "Slam Dunk," "Dr. Stone," "Komi Can't Communicate," and "Bakuman," the library is on its way to having the largest manga collection in Cainta. Each manga volume is meticulously chosen for its educational and wholesome content, ensuring students are entertained, learning valuable life lessons, and gaining cultural insights.

The SFAMSC library is more than just a manga sanctuary; it's a hub for traditional and educational gaming. Offering a wholesome alternative to the addictive worlds of video games and social media, it invites students to dive into strategic games like Chess, Scrabble, Uno, Reversi, and Rubik's Cubes. These board and puzzle games are key in developing critical thinking and problem-solving skills engagingly and interactively. Moreover, they are instrumental in enhancing social skills and promoting teamwork, communication, and empathy among students. This balance of learning and fun fosters a positive and cooperative environment.

Besides being a place for quiet study and learning, the secondary aim of the SFAMSC library is to cultivate an environment that encourages reading and intellectually challenges its students. It is a testament to the school's dedication to a holistic approach, blending educational manga with brain-stimulating games. By providing these resources, the library seeks to divert students from the negative impacts of electronic entertainment, offering enriching alternatives that nurture both the mind and imagination. In its unique collection and forward-thinking approach, the SFAMSC library is not merely a resource center but an essential element in nurturing well-rounded, knowledgeable, and socially adept individuals.

Volumes of the beloved manga Komi Can't Communicate

Volumes of the popular Science Adventure manga Dr.Stone

Complete 31 volumes of Manga series Slam Dunk

# Taste, Love, Eat!!!

## The Joy of Home Cooking in Technology and Livelihood Education Class!

**By: Mary Grace Eleonor P. Diaz**

COOKING is more than just following recipes. It is about fostering love and appreciation for food and the joy of creating something from scratch. In SFAMSC TLE kitchen, students learn to experiment, take risks, and unleash their creativity as they transform simple ingredients into culinary masterpieces.

As they put on their chef hats and aprons, they discover the joy of cooking - creating something delicious and satisfying to their taste buds. Furthermore, they learn to appreciate the value of good food and the importance of sharing meals with others.

In our TLE Cooking class, students embrace the opportunity to cook, create, and savor the experience. They let their creativity run wild, their taste buds dance and their culinary skills shine. Cooking in TLE is not just about making meals; it is about fostering a lifelong love of food, cooking, and creativity.

## Daylight

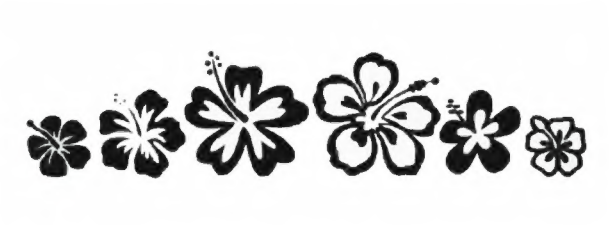
**By: Ashley Jade F. Necio**

I saw you in a place where there is gold
From that moment, I knew I'd long for you
And I just wanted to grow old with you
I consider you golden and not blue

The joy and love in you make me alive
Oh, I don't want ever to leave your side
A bright future with you will soon arrive
When it comes, I'll not make my chances slide

Even though you are very far away
For you are in a place where there is gold
I will still wait for that one golden day
The one I'll finally learn with you old

For I want to win this fight
A life with you is golden, like daylight



## My Solace

**By: Kassandra Charise M. Selencio**

*In what I call my comfort place*
*Is where I found my zone*
*It is where I can go at my own pace*
*This what I call home*

*A place where I can stay vulnerable*
*A place where I can feel free*
*A place where I can be comfortable*
*A place I can be me*

*This is my solace*
*A place I can throw all my worries away*
*Where I can be blessed*
*With a warm embrace*
*A place that can be my gateway*

*Welcomed with the hands*
*Of family and friends*
*Something that I can not ever replace*
*Held together by a bond*
*That never ends*
*This is why they are my solace*

## One Step at A Time

**By: Maryella Grace Z. Pusing**

On board the friendship
Going everywhere one goes
Happy memories

One step at a time
Healing takes a long time
There is no deadline.

## I AM

**By: Alessandra F. Marcos**

Am I capable or incapable?
To become the shining star
and steal the spotlight,
Have no distractions or sense of fright,
To be everyone's reason to smile,
The one to always inspire,
The one to always spark a fire—
Among others and encourage them,
That there's strength in them,
Which no one can comprehend.

Am I capable or incapable?
To lend strength to the weak,
To fight rather than flee,
To look at other's good qualities
no one could see,
To be open more and agree?

Maybe there's something in me,
That's a diamond in the rough that's just
waiting to be seen,
To be discovered, to be honed, just by me,
So that I can use this special quality,
And become who I aspire to be?

Yes, I'm incapable;
To become the hero everyone sees in me,
To become someone
anyone can depend on,
To become so patient I can wait 'til dawn,
To become so passionate
I would never give up,
To become so perfect
that I don't have any flaws.

But I am capable,
To unite with the pen and write,
To use my own darkness as my sense of light,
To express my feelings on a piece of paper,
To put them in words, no one can waver,
To create fantasy as my escape,
Like a slumber where I don't want to wake up,
To make the most out of what I can make.

There's still so much I need to learn,
About myself and what I can do,
About things that are false and true,
About the world in the blanket
of the sky so blue,
About the people, good and cruel,
About the future, the fate, the destiny,
Which I don't have a clue.

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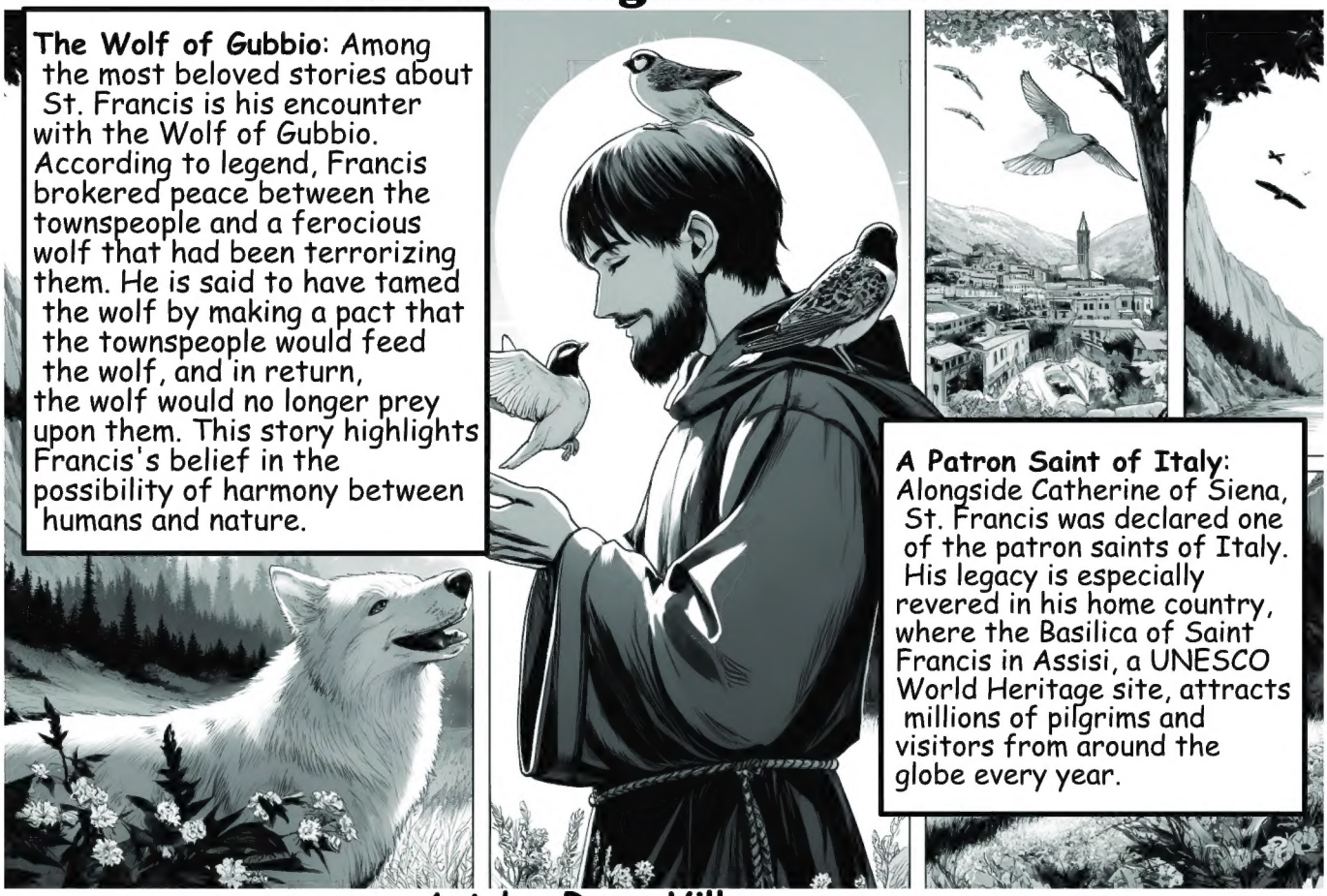
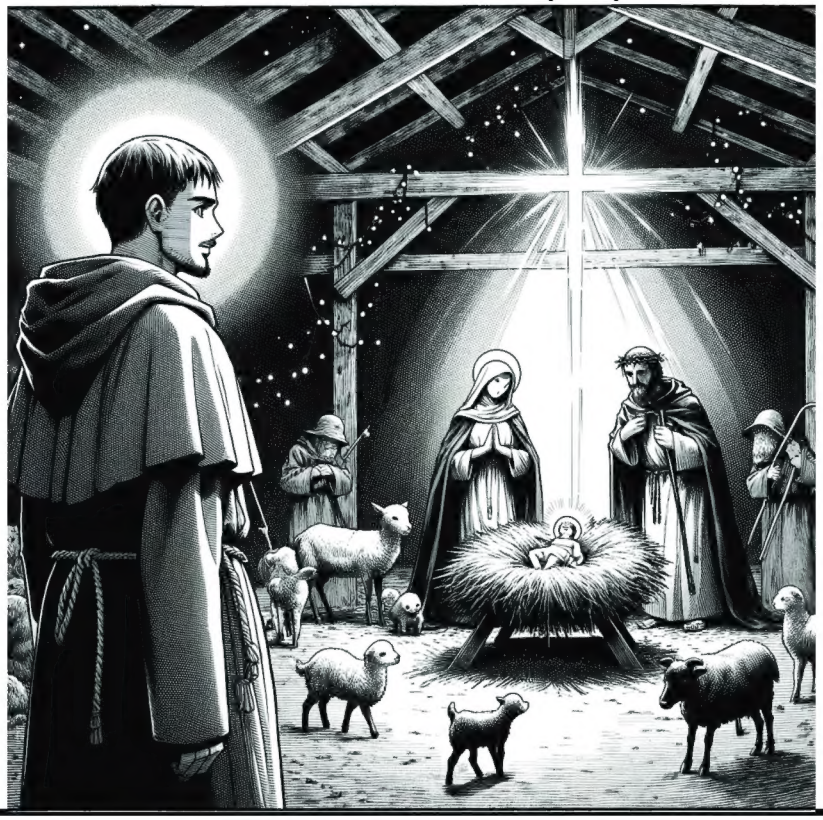
# Interesting Facts about St. Francis
## That You Might Not Know

**The Wolf of Gubbio**: Among the most beloved stories about St. Francis is his encounter with the Wolf of Gubbio. According to legend, Francis brokered peace between the townspeople and a ferocious wolf that had been terrorizing them. He is said to have tamed the wolf by making a pact that the townspeople would feed the wolf, and in return, the wolf would no longer prey upon them. This story highlights Francis's belief in the possibility of harmony between humans and nature.



**A Patron Saint of Italy**: Alongside Catherine of Siena, St. Francis was declared one of the patron saints of Italy. His legacy is especially revered in his home country, where the Basilica of Saint Francis in Assisi, a UNESCO World Heritage site, attracts millions of pilgrims and visitors from around the globe every year.

Art by Ryan Villanueva



**The Origin of the Nativity Scene**: St. Francis of Assisi is credited with creating the first live nativity scene in 1223, a tradition now emblematic of Christmas celebrated in churches and homes globally. Inspired by his pilgrimage to the Holy Land And his visit to Jesus Christ's birthplace, St. Francis sought to bring the story of Christ's birth to life for his congregation in Greccio, Italy. He hoped to foster a deeper devotion and understanding of the event by reenacting it with real people and animals. This innovative storytelling approach captured the faithful's imagination, leading to the widespread adoption of live nativity scenes. Today, these representations continue to be a beloved and integral part of Christmas celebrations worldwide.

# MEET THIS ISSUE'S CONTRIBUTORS

**Special thanks to all the staff who have contributed their time and talent to make this newsletter possible.**

**Ryan R. Villanueva**
**Editor in Chief**

**Norvi V. Samson I**
**Editor and Proof Reader**

**Mary Grace Eleonor P. Diaz**
**Layout Editor and Staff Writer**

**Maricel C. Doroteo**
Sports Staff Writer and Proof Reader

**Maria Alessandra F. Marcos - Resident Poet and Staff Writer**

**Ashley Jade F. Necio**
**Staff Writer and Resident Poet**

**Syesha Summer Sinead Frias**
**Staff Writer**

**Therese Margo L. Matienzo**
**Staff Writer**

**Cassidy Beatrice F. Tapel**
**Comic Artist**

**John Maverick D. Narvaez**
**Comic Artist/ Photographer**

**Zachary Drake F. Tapel**
**Comic Artist**

**Joana Claren L. De Jesus**
**Illustrator**

**Maryella Grace Z. Pusing**
**Resident Poet**

**Kassandra Charise M. Selencio**
**Resident Poet**

# Education with Love & Concern

*SFAMSC is one of the leading progressive schools in Cainta, Rizal that offers preschool and grades 1 to 10 education. Our dedication to small learning communities and modern teaching methods, coupled with the timeless values of Christ and St. Francis of Assisi, sets us apart. Our innovative curriculum is designed to help students learn better, achieve more, and have higher morale, resulting in well-balanced individuals with strong academic, social, and practical life skills. We warmly invite you to join us on our mission to make the world a better place, one generation at a time!*

**Learn more about the benefits of studying with us at:**

**http://www.stfranciscainta.com**

**Search us on Facebook with the keyword:**

**@stfranciscainta**

Mobile: **09238116990 or 09205839829** Landline: 86558898/86565238/70897521

**#45 GOLF ST. NEW SAINT FRANCIS VILLAGE SUBDIVISION (ALONG A. BONIFACIO), BARANGAY SAN JUAN, CAINTA, Rizal.**